Student Lactation Resources

Overview
The University is committed to creating an inclusive and accessible environment for pregnant and parenting students. A number of University resources are available for this population and this site offers information about student lactation resources. If you are a pregnant or parenting student, please contact the Title IX Office, for more information about your rights under Title IX.

Lactation Spaces on Campus
UCLA provides clean, private rooms across campus that are designated lactation spaces equipped with a table, chair, electrical outlet, and a lock from inside. The Title IX Office website maintains an online list of available lactation rooms on campus.

When existing locations are not accessible from a breastfeeding student’s class or study area, or the current demand for existing spaces makes as-needed pumping challenging, students are encouraged to work with faculty and/or staff members to identify a new space.

Lactation Breaks and Accommodations
Breastfeeding students can often arrange necessary flexibility by working directly with their instructors for lactation breaks, make-up assignments, and exam accommodations. Alternatively, pregnant/parenting students may request reasonable accommodations through the Center for Accessible Education.

Prohibition against Discrimination and Harassment
UCLA, in accordance with applicable federal and State law and University policy, prohibits discrimination or harassment against persons on the basis of sex, including pregnancy and pregnancy related conditions. Discrimination or harassment related to breastfeeding and lactation may be referred to the Title IX Office for appropriate action.

A report of discrimination or harassment on the basis of sex will be handled according to the “Procedures for Handling Allegations of Discrimination, Harassment, or Retaliation.”
FAQs

1Q. Where on campus can I breastfeed?

1A. The University provides designated lactation spaces across campus. See map (add link).

Under state law, breastfeeding is permitted at any campus building or space that the breastfeeding student and infant/child are otherwise permitted to be present.

Faculty and staff members who are working with students to identify a space to breastfeed or pump are reminded that restroom stalls are not classified as a designated lactation space.

2Q. Can I be penalized for missing class to breastfeed?

Under Title IX, instructors are prohibited from penalizing breastfeeding students for their absence needed to express breast milk on campus. Instructors may request a doctor’s note to excuse the absences.

Students can work with their instructors to accommodate flexible breastfeeding breaks and students can contact CAE to assist with reasonable accommodations.

3Q. Where can I store my breast pump and/or breastmilk.

3A. UCLA encourages departments/facilities managers to make available lockers or another space where students can elect to store their pumps or breastmilk.